

## Mental Health and other Resources for Santa Clarita Valley and Surrounding Areas

- **Child & Family Center, Santa Clarita** <http://www.childfamilycenter.org/>
- **College of the Canyons Student Health & Wellness Resource Website:**  
<http://www.canyons.edu/Offices/Health/Pages/Community-Referral-Sources.aspx>
- **Compassionate Solutions, Newhall** [www.compassionatesolutionsscv.com](http://www.compassionatesolutionsscv.com)
- **Dynamic Interventions** <http://dynamicinterventions.com/>
- **Henry Mayo Newhall Hospital Behavioral Health Free and Confidential MH Screening Website:**  
<http://screening.mentalhealthscreening.org/#/henrymayo>
- **Mental Health America** [www.mentalhealthamerica.net](http://www.mentalhealthamerica.net)
- **National Child Traumatic Stress Network** <http://www.nctsn.org/>
- **National Council for Community Behavioral Healthcare** [www.thenationalcouncil.org](http://www.thenationalcouncil.org)
- **National Institute for Mental Health** [www.nimh.nih.gov](http://www.nimh.nih.gov)
- **National Suicide Prevention Lifeline at 1-800-273-TALK** [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)
- **Reachout.com** <https://au.reachout.com/>
- **Substance Abuse & Mental Health Services Admin.** 877-726-4727  
800-847-4889
- **SAMHSA Site for Coping with Disaster and Traumatic Events:**  
<http://www.samhsa.gov/trauma/?from=carousel&position=1&date=02282012>
- **Santa Clarita City Family Education Resources Page**  
<http://www.santa-clarita.com/city-hall/departments/recreation-community-services-and-open-space/community-services/family-education-classes-and-workshops/family-education-resource>
- **Student Mental Health Link to Information**  
<https://www.affordablecollegesonline.org/college-student-mental-health/>
- **SCV Youth Project** (661) 257.YOUTH (9688) [www.helpnothassle.org](http://www.helpnothassle.org)
- **Stop Bullying** [www.stopbullying.gov](http://www.stopbullying.gov)

<b>ACCESS (DMH Mental Health Hotline)</b>	(800) 854-7771
<b>Asian Pacific Counseling &amp; Treatment Center</b>	(818) 267-1100
<b>Bullying &amp; School Violence Advocacy Program</b>	(866) 232-4376
<b>Central Valley Youth &amp; Family Center</b>	(818) 574-7745
<b>Child &amp; Family Center, Santa Clarita</b> (Children, Youth and Adults)	(661) 259-9439
<b>Child and Family Guidance Center</b> – Northridge	(818) 993-9311
<b>College of the Canyons Student Health &amp; Wellness Center</b>	Valencia (661) 362-3259 Canyon Country (661) 362-3812

<b>Counseling 4 Kids</b>		(818) 441-7800
<b>Counseling West - Adult and Children</b>	Sherman Oaks	(818) 990-9898
<b>Department of Children &amp; Family Services</b>		(818) 904-8300
<b>Department of Mental Health (DMH) ACCESS Line (PMRT):</b>		(800) 854-7771
<b>Didi Hirsch – Children &amp; Adult Mental Health &amp; Substance Abuse</b>		(888) 807-7250
<b>Domestic Violence Center of SCV</b>		(661) 259-8175
<b>Crisis Hotline</b>		(661) 259-4357
<b>El Centro de Amistad</b>		(818) 898-0223
<b>El Nido Family Centers</b>		(818) 830-3646
<b>Family Focus Resource Group</b>		(661) 294-9715
<b>Gay, Lesbian, Bisexual &amp; Transgender (GLBT) National Hotline</b>		(888) 843-4564
<b>Grace Baptist Church</b>		(661) 296-8737
<b>Hathaway-Sycamores</b>		(818) 896-2255
<b>Henry Mayo Newhall Hospital Behavioral Health</b>		(661) 200-1080
<b>Kaiser Behavioral Health Help Line</b>		(800) 900-3277
<b>Los Angeles Child Guidance Clinic</b>		(323) 373-2400
<b>Mission City Community Network, Inc. – Medication</b>		(818) 830-1008
<b>National Alliance for the Mentally Ill (NAMI)</b>	San Fernando Valley Antelope Valley	(818) 994-6747 (661) 341-8041
<b>National Mental Health Information Center</b>		(800) 789-2647
<b>Olive View Urgent Care for Mental Health</b>		(818) 485-0888
<b>Penny Lane</b>		(818) 892-3423
<b>Prima Pediatrics – Medication Evaluation</b>		(661) 424-9000
<b>Regional Center (North Los Angeles County Regional Center)</b>		(661) 775-8450
<b>San Fernando Mental Health Center - County DMH</b>		(800) 448-7097
<b>San Fernando Valley Community Mental Health Center</b>		(818) 901-4830
<b><u>Santa Clarita Mental Health</u></b>		(661) 288-4800
<b>Santa Clarita Valley Food Pantry</b>		(661) 255-9078
<b>Santa Clarita Valley Service Center</b>		(661) 254-0070

<b>Santa Clarita Valley Youth Project</b>	(661) 257-9688
<b>Single Mothers Outreach</b>	(661) 288-0117
<b>Sheriff Dept (LASD in SCV)</b>	<b>911 or</b> (661) 255-1121
<b>The Help Group</b>	(800) 854-7771
<b>The Village and Family Services and Youth Drop-In Center</b>	(818) 755-8786
<b>Turning Point Alcohol &amp; Drug Education Program, Inc.</b>	(323) 296-1840
<b>Urgent Mental Health Care – Olive View (DMH) In Sylmar</b>	(818) 485-0888
<b>USC Telehealth</b>	(866) 740-6502
<b>Valencia Counseling Associates</b>	(661) 259-8200
<b>Valley Child Guidance Center - Palmdale</b>	(661) 265-8627
<b>Valley Coordinated Children’s Services</b>	(818) 708-4500
<b>Valley Prevention &amp; Treatment Center - Children &amp; Adults</b>	(661) 251-1023
<b>Strengths United (formerly Valley Trauma Center)</b>	(661) 702-0000

***Other Services/Support Groups***

ACTION Family Counseling	(800) 367-8336
A Light of Hope Ages 13-30 <a href="http://www.alightofhopescv.org">www.alightofhopescv.org</a>	(661) 513-4325
Alcoholics Anonymous	(661) 259-0802
Behavioral Learning Center <a href="http://www.blcca.com">www.blcca.com</a>	(661) 775-8450
Because I Love You (Parents & Youth Support Groups)	(818) 882-4881
Bridge to Home Client Services Center	(661) 254-4663
DCFS Child Protection Hotline	(800) 540-4000
Domestic Violence Hotline Admin (661) 259-8175	Hotline (661) 259-4357
Health Resource Center on Domestic Violence	(888) 792-2873
National Council On Alcohol & Drugs	(661) 253-9400
Salvation Army Services	(661) 799-5841
Santa Clarita Valley Senior Center <a href="http://scv-seniorcenter.org">scv-seniorcenter.org</a>	(661) 259-9444
SCV Pregnancy Center (Screening, options counseling)	(661) 255-0082

***Psychiatrists***

Basta, Fawzy, M.D. (Adolescent & Adults)	(818) 886-5628
Berglund, Robin, M.D.	(818) 784-4706
Best, Andrea, M.D.	(661) 259-5972
Daniels, Marsha, M.D.	(818) 995-7848
Li, Eric M.D.	(310) 442-9449
McDonald, Mark, M.D.	(310) 954-9564
Steinberg, Lance, M.D.	(818) 224-3540

***Licensed Psychologists – All listed below will see Adults & Children***

Adachi, Lauri, LEP Compassionate Solutions, Newhall	(661) 255-2688
Aronin-Hausman, Ann, MA, LEP, MFT	(661) 287-0124
Child & Family Center Family Wellness Program	(661) 259-9439
Criss-Hagerty, Julie, Ph.D	(661) 287-9751
Dynamic Interventions	(661) 257-1254
Hamlin, Greg, Ph.D.	(661) 347-2130
Dunbar, Nancy, Ph.D.	(661) 288-2324
Harter, Karen, Ph.D.	(818) 734-9330
Jacobs, Courtney, Ph.D.	(818) 382-1998
Mahler, Bonnie, Ph.D.	(661) 260-3131
Peters, Glenn Psy.D:	(818) 475-2666
Steinman, Lynne, Ph.D. (Adults only)	(661) 259-0144
Theberge, Denise, Ph.D.	(661) 254-3577
Witkin, Michelle, Ph.D.	(661) 753-3987

***Licensed Marriage Family Therapist or Licensed Clinical Social Worker***

Child & Family Center Family Wellness Program	(661) 259-9439
Betty, Nicholas, Ph.D., LMFT	(661) 513-4396
Cotcher, Stephanie, LMFT	(661) 513-4514
Crawford, Lori, LCSW	(661) 993-2645
Diaz, Dilyse, LMFT (Spanish)	(661) 904-0113
Janes, Claudia, MFT	(661) 645-8282
Jensen, Chris, LMFT	(661) 367-1333
Jones, Christopher C., CAGS Dynamic Intervention	(661) 257-1254
King, Walter, M.ED., MFT	(661) 287-9337
Laraway, Julie, LMFT	(661) 236-8925
Lumaya, Jeffrey, LCSW	(661) 733-4434
Lutness, Carole, LCSW	(661) 755-7524
Meek, Helen, MFT	(661) 259-6100
Miller, Bree, LMFT	(323) 842-5382
Posalski, Richard, LCSW	(818) 773 9988
Reed, Debbie, M.S., MFT	(661) 287-4243
Schultz, Wendy, MFT	(661) 297-0362
Strong, Charlotte, LCSW	(661) 713-7798

***Family Guide – suicide prevention:***

<http://www.sprc.org/resources-programs/it%E2%80%99s-time-talk-about-it-family-guide-youth-suicide-prevention>

***Local Resources for Food, Shelter, etc.:***

<https://www.ourchildrenla.org/2019-ocla-directory/>